

## Wild Rice Quinoa Stuffing Yield: 4 Servings

Prep time: 5 minutes Cook time: 75 - 85 minutes Total time: 90 minutes



## Ingredients

- 4 Tbsp. Olive Oil
- 51/2 Cups Vegetable Broth
- 1/2 Cup Dry White Wine
- 2 Cups Uncooked Wild Rice Blend
- 1 Cup Uncooked Quinoa
- 1 Red Onion Finely Chopped
- 2 Celery Stalks Small Diced
- 2 Granny Smith Apples Medium Peeled & Medium Diced
- 2 Garlic Cloves Minced
- 2 Tbsp. Fresh Thyme Minced
- 14 cup Fresh Sage Minced
- 1/2 Cup Fresh Parsley Minced
- 1½ Cups Dried Cranberries
- 1 Cup Pecans
- Salt & Pepper to taste

## Instructions

- 1. In a Large pot add oil, onion, celery and cook until tender and translucent
- 2. Add apples, garlic, thyme and salt. Allow to cook but stir frequently for 2 minutes
- 3. Stir in white wine and cook for 1 minute, add chicken broth and bring to a boil
- 4. Once boiling stir in wild rice, cover and reduce heat to a low simmer. Cook 35 minutes or until rice is tender. While rice is cooking Preheat oven to 350F.
- 5. Once rice is tender remove lid and stir in quinoa. Cover with lid and continue to simmer about 15 minutes or until quinoa is done.
- 6. Remove from heat and fold in dried cranberries and pecans.
- 7. Spoon mixture into a greased large casserole dish.
- 8. Bake 25-35 minutes or until golden brown
- 9. Sprinkle chopped parsley over the top and serve.