

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:30 Palisade Famers Market FD <u>Sign up at the front desk</u> 10:00 Catholic Communion Service BP 1:30 Name That Tune JL 2:00 Afternoon Movie: "Dirty Dancing" - Prime & Snacks MR	2 	3 9:00 Exercise with Adrienne WR 10:00 Word Unscramble BCR 2:00 Weekly Chronicles JL 3:00 Jeopardy Trivia BCR 5:30 Tuesday Night Netflix Documentary: "Mysteries of the Terracotta Warriors" MR	4 9:00 Stretch & Meditation WR 9:15 Errand Shuttle FD <u>Sign up at the front desk</u> 10:00 Food Committee WR 10:30 Bible Study with Kelly MR 1:30 Daily Sentinel & Headline News JL 3:00 Bowling JL	5 9:00 Balance for Life WR 10:00 Bingo BCR 10:00 Bible Study MR 2:00 Afternoon Fun "Fall Color Inspired Dutch Pour Painting" PC 3:00 Jeopardy Trivia BCR 3:30 Live Music with Hugh Plumleigh DR	6 9:00 Balance for Life WR 10:30 Name that Tune MR 1:00 Let's Play Sorry PC 1:30 Walmart Shopping FD <u>Sign up at the front desk</u> 3:00 Knitting & Crochet FP	7 <i>Ganesh Chaturthi</i> <i>Carl Garner Federal Lands Cleanup Day</i> 9:00 Balance for Life WR 10:00 Bingo BCR 2:00 Afternoon Movie: "To Sir With love" - Prime & Popcorn MR
8 <i>National Grandparents Day</i> 10:00 Catholic Communion Service BP 1:30 Name That Tune JL 2:00 Non-Denominational Service BCR 2:00 Afternoon Movie: "Grease" - Prime & Snacks MR	9 9:00 Balance for Life Video WR 10:00 Let's Play Uno PC 10:30 Mini Class with Jamie & Tina "Unwanted Medicare Calls" PC 1:30 Bingo BCR 3:00 Topic of the Day: "Pink Panther Day" MR 5:30 Monday Night Special Movie: "Pink Panther" - Prime MR	10 9:00 Exercise with Adrienne WR 10:30 Riddle Me This... JL 2:00 Weekly Chronicles JL 3:00 Jeopardy Trivia BCR 5:30 Tuesday Night Netflix Documentary: "Tricky Dick and the Man in Black" MR	11 <i>Patriot Day</i> 9:00 Stretch & Meditation WR 10:00 Flower Arranging PC 10:30 Bible Study with Kelly MR 1:30 Daily Sentinel & Headline News JL 1:45 Michael's, Hobby Lobby & JoAnn's Shopping FD <u>Sign up at the front desk</u> 3:00 Frisbee Tick-Tac-Toe WR	12 8:30 Breakfast at Daylight Donuts FD <u>Sign up at the front desk</u> 9:00 Balance for Life WR 10:00 Bingo BCR 10:00 Bible Study MR 2:00 Afternoon Fun "No Sew Sachet" PC 3:00 Jeopardy Trivia BCR	13 9:00 Balance for Life WR 10:30 Name that Tune MR 1:00 Let's Play Yahtzee PC 2:00 Connections & Conversation "Where in the World? – European Landmarks Edition" BCR 3:00 Knitting & Crochet FP	14 9:00 Balance for Life WR 10:00 Bingo BCR 2:00 Afternoon Movie: "Saturday Night Fever" - Prime & Popcorn MR
15 <i>First Day of National Hispanic Heritage Month</i> 10:00 Catholic Communion Service BP 1:30 Name That Tune JL 2:00 Afternoon Movie: "Cry Baby" - Prime & Snacks MR	16 <i>The Prophet's Birthday</i> 9:00 Balance for Life Video WR 10:00 Let's Play No-Look Dominoes PC 1:30 Bingo BCR 3:00 Topic of the Day: "BB Kings Birthday" MR	17 <i>Constitution Day & Citizenship Day</i> 9:00 Exercise with Adrienne WR 10:30 Jokes, Jokes, Jokes JL 11:00 Live Music with Charlotte Powers DR 2:00 Weekly Chronicles JL 3:00 Jeopardy Trivia BCR 5:30 Tuesday Night Netflix Documentary: "Unknown, the Lost Pyramid" -Prime MR	18 <i>Air Force Birthday</i> 9:00 Stretch & Meditation WR 9:30 Mesa County Library FD <u>Sign up at the front desk</u> 10:00 Sketch Class PC 10:30 Bible Study with Kelly MR 1:30 Daily Sentinel & Headline News JL 2:00 Resident Council DR 3:30 Pick Up Sticks BCR	19 9:00 Balance for Life WR 10:00 Bingo BCR 10:00 Bible Study MR 10:30 Live Music with Gary Cox DR 11:00 Birthday Lunch Celebration DR 2:00 Afternoon Fun "Pumpkin Welcome Sign" PC 3:00 Jeopardy Trivia BCR	20 <i>National POW/ MIA Recognition Day</i> 9:00 Balance for Life WR 10:30 Name that Tune MR 1:00 Let's Play Sorry PC 1:30 City Market Shopping FD <u>Sign up at the front desk</u> 2:00 Cookies and Conversation with John Madison BCR 3:00 Knitting & Crochet FP	21 9:00 Balance for Life WR 10:00 Bingo BCR 2:00 Afternoon Movie: "Man on Fire" - Prime & Popcorn MR
22 <i>Autumn Equinox</i> 10:00 Catholic Communion Service BP 1:30 Name That Tune JL 2:00 Non-Denominational Service BCR 2:00 Afternoon Movie: "Grease 2" - Prime & Snacks MR	23 9:00 Balance for Life Video WR 10:00 Let's Play Gin Rummy PC 1:30 Bingo BCR 3:00 Topic of the Day: "Libra Day" MR	24 9:00 Exercise with Adrienne WR 10:30 Mad Libs JL 2:00 New Resident Meet & Greet Wine & Cheese PC 3:00 Jeopardy Trivia BCR 5:30 Tuesday Night Netflix Documentary: "Quincey" MR	25 9:00 Stretch & Meditation WR 10:30 Activity Meeting WR 10:30 Bible Study with Kelly MR 1:30 Daily Sentinel & Headline News JL 1:45 Errand Shuttle FD <u>Sign up at the front desk</u> 1:30 Corn Hole WR 3:00 Bocce Ball JL	26 9:00 Balance for Life WR 10:00 Bingo BCR 10:00 Bible Study MR 10:45 Lunch at Taste of Chang'An FD <u>Sign up at the front desk</u> 2:00 Afternoon Fun "Leaf Bowl" PC 3:00 Jeopardy Trivia BCR	27 9:00 Balance for Life WR 10:30 Name that Tune MR 1:00 Let's Play Yahtzee PC 2:00 Connections & Conversation "Destination: Mexico City" BCR 3:00 Knitting & Crochet FP	28 <i>National Public Lands Day</i> 9:00 Balance for Life WR 10:00 Bingo BCR 2:00 Afternoon Movie: "Hitch" - Prime & Popcorn MR
29 <i>Gold Star Mother's Day</i> 8:00 Live music with Emily Larsen DR 10:00 Catholic Communion Service BP 10:00 Women's Coffee & Donuts PC 1:30 Name That Tune JL 2:00 Afternoon Movie: "The Greatest Showman" - Prime & Snacks MR	30 9:00 Balance for Life Video WR 10:00 Let's Play Horse Race Game PC 1:30 Bingo BCR 3:00 Topic of the Day: "First Helicopter Flight" MR					*All Activities are subject to change. Please check daily calendars for the day's activities.*

Save The Date !

Food Committee Meeting

September 4th at 10am
In the Wellness Room

Resident Council

September 18th at 2pm
In the Dining Room

Resident Meet & Greet/Wine & Cheese

September 24th at 2pm
In the Pipers Cafe

Activity Meeting

September 25th at 10:30pm
In the Wellness Room

AAA Hearing Aid Repair

By appointment only

Grand Mesa Medical Wheelchair and Walker Repair

By appointment only

Reminders:

- **CHECK THE DAILY CALENDAR LOCATED IN THE DINING ROOM FOR POSSIBLE ACTIVITY CHANGES.**
- Grand Mesa Medical Wheelchair & Walker Repair and AAA Hearing are now appointment only.
- If you like to make a deposit to Alpine Bank please have it ready at the front desk on the first and third Wednesday by 10 am.
- If you need to shop for any personal items, please leave a list for Jo or Barbi at the front desk and we will get your items to you by Wednesday of that week.

Other Holiday/Observances this Month:

September 2nd - Labor Day

September 6th - Ganesh Chaturthi

September 7th - Carl Garner

Federal Lands Cleanup Day

September 8th - National Grandparents Day

September 11th - Patriot Day

September 15th - First Day of

National Hispanic Heritage Month

September 16th - The Prophet's Birthday

September 17th - Constitution Day and Citizenship Day

September 18th - Air Force Birthday

September 20th - National POW/MIA Recognition Day

September 22nd - Autumn Equinox

September 28th - National Public Lands Day

September 29th - Gold Star Mother's Day