

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 1:00 Color Time PC 2:00 Movie Documentary MR	31 Halloween  9:00 Balance for Life 10:00 Halloween Charades PC 1:30 Bingo BCR 3:00 Topic of the Day: “Remembering the Pumpkin Patch” MR 6:30 Halloween Movie MR 	1 Día de los Muertos <i>First Day of Native American Heritage Month</i> 7:00 Omelet Station DR 9:00 Balance for Life WR 10:30 I Should Have Known That JL 3:00 Jeopardy Trivia BCR 6:30 Tuesday Night Movie & Popcorn MR 	2 All Souls' Day 9:00 Stretch & Meditation WR 10:00 Food Committee WR 1:00 Color Time PC 1:30 Errand Shuttle <u>Sign up at the front desk</u> 3:00 Cornhole WR	3 9:00 Balance for Life WR 9:30 Bingo BCR 10:00 Bible Study MR 3:30 Live Music With Hugh Plumleigh DR 5:30 Journaling By Yourself PC	4 9:00 Balance for Life Video WR 9:30 First United Methodist Church Holiday House Bazaar <u>Sign up at the front desk</u> 1:30 Walmart Shopping <u>Sign up at the front desk</u> 3:00 Knitting & Crochet JL	5 9:00 Balance for Life Video WR 2:00 Afternoon Movie MR
6 Daylight Saving Time ends 1:00 Adult Color Time PC 2:00 Movie Documentary MR 	7 9:00 Balance for Life 10:00 Let' Paly Crazy 8's PC 1:30 Bingo BCR 3:00 Topic of the Day: “TBA” MR	8 Election Day 9:00 Balance for Life WR 10:30 Word Unscramble 3:00 Jeopardy Trivia BCR 6:30 Tuesday Night Movie & Popcorn MR	9 9:00 Stretch & Meditation WR 10:30 Flower Arranging PC 1:00 Color Time PC 2:00 Resident Council DR 3:30 Pick Up Sticks BCR	10 9:00 Balance for Life WR 9:30 Bingo BCR 10:00 Bible Study MR 11:00 Action Station DR 2:00 Afternoon Fun “Gingerbread House Decorating” BCR 5:30 Scrap Journaling PC	11 Veterans Day 9:00 Balance for Life WR 10:30 Music Trivia BCR 1:30 Veterans Celebration DR 3:00 Afternoon with a Nurse DR 	12 8:00 Men's Coffee & Donuts PC 9:00 Balance for Life Video WR 9:30 Bingo BCR 2:00 Afternoon Movie MR
13 1:00 Color Time PC 2:00 Non-Denominational Service BCR	14 9:00 Balance for Life 10:00 Let' play Mexican Train Dominoes PC 1:30 Bingo BCR 3:00 Topic of the Day: “Pickle Day” MR	15 9:00 Balance for Life WR 10:30 Tenzi PC 3:00 Jeopardy Trivia BCR 6:30 Tuesday Night Movie & Popcorn MR	16 9:00 Stretch & Meditation WR 10:30 Sketch Class BCR 1:00 Color Time BCR 1:30 Putt Putt JL 3:00 Bocce Ball JL	17 9:00 Balance for Life WR 9:30 Bingo BCR 10:00 Bible Study MR 11:00 Birthday Lunch Celebration DR 2:00 Afternoon Fun “Gingerbread House Decorating” BCR 5:30 Scrap Journaling PC	18 9:00 Balance for Life WR 10:30 Music Trivia BCR 1:30 City Market Shopping <u>Sign up at the front desk</u> 2:00 Cookies & Conversation “Inquiring Minds Want to Know...” BCR 3:00 Knitting & Crochet JL	19 9:00 Balance for Life Video WR 9:30 Bingo BCR 2:00 Afternoon Movie MR
20 1:00 Color Time PC 2:00 Movie Documentary MR	21 9:00 Balance for Life WR 10:00 How Low Can You Go? PC 1:30 Bingo BCR 3:00 Topic of the Day: “Ritz Day” MR	22 9:00 Balance for Life WR 10:30 Riddle Me This... JL 3:00 Jeopardy Trivia BCR 6:30 Tuesday Night Movie & Popcorn MR	23 9:00 Stretch & Meditation WR 1:00 Color Time BCR 3:00 Bowling JL	24 Thanksgiving 9:00 Balance for Life WR 10:00 Balance for Life WR 1:30 Thanksgiving Trivia BCR 	25 Black Friday & Native American Heritage Day 9:00 Balance for Life WR 10:30 Name That Tune BCR 2:00 Cookies & Conversation “Native American Heritage Day” BCR 3:00 Knitting & Crochet JL	26 9:00 Balance for Life Video WR 9:30 Bingo BCR 2:00 Afternoon Movie MR
27 First Sunday of Advent 1:00 Color Time PC 2:00 Non-Denominational Service BCR	28 Cyber Monday 9:00 Balance for Life WR 10:00 Book Club PC 1:30 Bingo BCR 3:00 Topic of the Day: “TBA” MR	29 Giving Tuesday 9:00 Balance for Life WR 10:30 East or West— Can You Guess? JL 1:30 New Resident Welcoming WR 3:00 Jeopardy Trivia BCR 6:30 Tuesday Night Movie & Popcorn MR	30 9:00 Stretch & Meditation WR 10:30 Activity Meeting WR 1:00 Desert Action Station DR 1:00 Color Time BCR	November is Military Family Appreciation Month 		*All Activities are subject to change. Please check daily calendars for the day's activities.*

Save The Date !

Food Committee Meeting
November 5th at 10am
In the Wellness Room

Resident Council
November 12th at 2pm
In the Dining Room

Afternoon with a Nurse
November 14th at 3pm
In the Bookcliff Room

New Resident Welcoming
November 25th at 1:30pm
In the Wellness Room

Activity Meeting
November 26th at 10:30pm
In the Wellness Room

AAA Hearing Aid Repair
By appointment only

Grand Mesa Medical Wheelchair and Walker Repair
By appointment only

Reminders:

- **CHECK THE DAILY CALENDAR LOCATED IN THE DINING ROOM FOR POSSIBLE ACTIVITY CHANGES.**
- **Grand Mesa Medical Wheelchair & Walker Repair and AAA Hearing are now appointment only.**
- **If you like to make a deposit to Alpine Bank please have it ready at the front desk on the first and third Wednesday by 10 am.**
- **If you need to shop for any personal items, please leave a list for Jo or Barbi at the front desk and we will get your items to you by Wednesday of that week.**

Other Holiday/Observances this Month:

November 1st - All Saints' Day

November 1st - First Day of Native American Heritage Month

November 2nd - All Souls' Day Christian

November 6th - New York City Marathon

November 6th - Daylight Saving Time ends

November 8th - Tuesday Election Day

November 10th - Marine Corps Birthday

November 11th - Veterans Day

November 24th - Thanksgiving Day

November 25th - Black Friday

November 25th - Native American Heritage Day

November 27th - First Sunday of Advent

November 28th - Monday Cyber Monday