

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All Activities are subject to change. Please check daily calendars for the day's activities.*</p>	 <p>TU BISHVAT</p>	 <p>Inauguration 2021 January 10-21, 2021</p>	 <p>Remembering DR. MARTIN LUTHER KING, JR.</p>	 <p>HAPPY NEW YEAR 2021</p>	<p>1 <i>New Year's Day</i> 9:30 A New Beginning Meditation WR 10:30 A New Beginning Meditation WR 1:30 Let' Make New Year's Vision Boards BR 2:30 Let' Make New Year's Vision Boards BR</p>	<p>2 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Movie MR 3:00 Jeopardy Style Trivia JL</p>
<p>3 1:00 Adult Color Time PC 2:00 Movie Documentary JL</p>	<p>4 9:00 Balance for Life WR 1:00 Bingo BR 2:00 Bingo BR 3:30 Topic of the Day: "Who is Jacob Grimm?" JL</p>	<p>5 9:00 Stretch & Meditation WR 10:30 Riddle Me This... JL 6:30 Tuesday Night Movie JL</p>	<p>6 <i>Epiphany</i> 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Food Committee WR 10:30 Food Committee WR 1:00 Color Time BN 3:00 Let's Play Pong WR</p>	<p>7 <i>Orthodox Christmas Day</i> 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Fun "Thank You Cards" BR 3:00 Afternoon Fun "Thank You Cards" BR</p>	<p>8 9:00 Balance for Life WR 9:30 Balance for Life WR 10:30 Sing Along BR 2:00 Cookies & Conversation We'll be Laughing' on a Mountain BR 3:00 Cookies & Conversation We'll be Laughing' on a Mountain BR 3:00 Knitting & Crochet JL</p>	<p>9 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Movie MR 3:00 Jeopardy Style Trivia JL</p>
<p>10 1:00 Adult Color Time PC 2:00 Non-Denominational Service on Video BR</p>	<p>11 9:00 Balance for Life WR 1:00 Bingo BR 2:00 Bingo BR 3:30 Topic of the Day: "Poetry in the Workplace?" JL</p>	<p>12 9:00 Stretch & Meditation WR 10:30 Word Unscramble JL 3:00 Remote Control Race Cars Racing WR 6:30 Tuesday Night Movie JL</p>	<p>13 9:00 Balance for Life WR 1:00 Color Time BN 2:30 Wine Cart</p>	<p>14 <i>Orthodox New Year</i> 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Fun "Handsewn Coasters" BR 3:00 Afternoon Fun "Handsewn Coasters" BR</p>	<p>15 9:00 Balance for Life WR 9:30 Balance for Life WR 10:30 Sing Along BR 2:00 Cookies & Conversation First Super Bowl Anniversary BR 3:00 Cookies & Conversation First Super Bowl Anniversary BR 3:00 Knitting & Crochet JL</p>	<p>16 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Movie MR 3:00 Jeopardy Style Trivia JL</p>
<p>17 1:00 Adult Color Time PC 2:00 Movie Documentary JL</p>	<p>18 <i>Martin Luther King Jr. Day</i> <i>Civil Rights Day</i> 9:00 Balance for Life WR 1:00 Bingo BR 2:00 Bingo BR 3:30 Topic of the Day: "Martin Luther King Jr." JL</p>	<p>19 9:00 Stretch & Meditation WR 10:30 Riddle Me This... JL 3:00 Let's Play Putt Putt WR 6:30 Tuesday Night Movie JL</p>	<p>20 <i>Inauguration Day</i> 9:00 Balance for Life WR 9:30 Balance for Life WR 1:00 Color Time BN 10:30 Activity Meeting WR 3:00 Let's Play Corn Hole WR</p>	<p>21 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Fun "Lets Learn to get Organized" BR 3:00 Afternoon Fun "Lets Learn to get Organized" BR</p>	<p>22 9:00 Balance for Life WR 9:30 Balance for Life WR 10:30 Sing Along BR 2:00 Cookies & Conversation Sweet Home Chicago BR 3:00 Cookies & Conversation Sweet Home Chicago BR 3:00 Knitting & Crochet JL</p>	<p>23 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Movie MR 3:00 Jeopardy Style Trivia JL</p>
<p>24 1:00 Adult Color Time PC 2:00 Non-Denominational Service on Video BR</p>	<p>25 9:00 Balance for Life WR 1:00 Bingo BR 2:00 Bingo BR 3:30 Topic of the Day: "Opposite Day" JL</p>	<p>26 9:00 Stretch & Meditation WR 10:30 Word Unscramble JL 3:00 Jeopardy Trivia WR 6:30 Tuesday Night Movie JL</p>	<p>27 9:00 Balance for Life WR 1:00 Color Time BN 3:00 Wishbone Toss WR*BR</p>	<p>28 <i>Tu Bishvat/Tu B'Shevat</i> 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Fun "How to Blend Acrylic Paint" BR 3:00 Afternoon Fun "How to Blend Acrylic Paint" BR</p>	<p>29 9:00 Balance for Life WR 9:30 Balance for Life WR 10:30 Sing Along BR 2:00 Cookies & Conversation Fabulous Forties Friday BR 3:00 Cookies & Conversation Fabulous Forties Friday BR 3:00 Book Club JL</p>	<p>30 9:00 Bingo BR 9:00 Balance for Life WR 9:30 Balance for Life WR 10:00 Bingo BR 2:00 Afternoon Movie MR 3:00 Jeopardy Style Trivia JL</p>

Save The Date !

Food Committee Meeting
January 6th at 10am & 10:30am
In the Wellness Room

Activity Meeting
January 20th at 10:30am
In the Wellness Room

AAA Hearing Aid Repair
By appointment only

Grand Mesa Medical Wheelchair and Walker Repair
By appointment only

Reminders:

- **CHECK THE DAILY CALENDAR LOCATED IN THE DINING ROOM FOR POSSIBLE ACTIVITY CHANGES.**
- **Grand Mesa Medical Wheelchair & Walker Repair and AAA Hearing are now appointment only. Please talk with Colleen or Jo to schedule an appointment.**
- **If you like to make a deposit to Alpine Bank please have it ready at the front desk on the first and third Wednesday by 10 am.**
- **If you need to shop for any personal items, please leave a list for Jo or Barbie at the front desk and we will get your items to you by Wednesday of that week.**

Other Holiday/Observances this Month:

January 1st - New Year's Day
January 6th - Wednesday Epiphany
January 7th - Orthodox Christmas Day
January 14th - Orthodox New Year
January 18th - Martin Luther King Jr. Day
January 18th - Civil Rights Day
January 20th - Inauguration Day
January 28th - Tu Bishvat/Tu B'Shevat